

Pre-retirement workshop

Planning for a richer retirement



Workshop Objectives

The aim of this workshop is to allow you time to consider your future retirement and give you the tools to ensure you are working towards a fulfilling retirement. The ICE Benevolent Fund has teamed up with Laterlife, the leading UK provider on retirement preparation courses, to give ICE members a head start in planning their retirement.

Course Timetable

0930 - 0950 Introduction

Personal introductions, course timetable and what to expect from the day

0950 – 1020: Retirement Planning

- Focusing on the impact of retirement
- What concerns do you have about retirement?
- What are you hoping for in retirement?
- What opportunities can you identify?
- How to plan more effectively for a richer retirement

1020 - 1200: The financial aspects of retirement (including break)

- Investing
- IFA support
- Budgeting
- Wills and Power of Attorney
- Inheritance tax
- Retirement benefits

1200 – 1245: Health and Fitness

- Changes in lifestyle and impact on health
- Staying active in retirement
- Private health insurance

----- **LUNCH BREAK 1245-1330** -----

1330 - 1430: Working in retirement

- Why continue to work?
- Alternatives to work
- Self-employment



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1430 - 1535: Creative use of leisure time (including break)

- Travel and Holidays
- Adult Education
- Hobbies & leisure pursuits

1535-1555: Moving Home

- Why move?
- Things to consider

1555 - 1615: Relationships

- Maintaining relationships
- Building new social circles

1615 – 1645: Course conclusion

- Questions and answers
- Summary
- Access to handout materials and further online help