

“There have been some very dark moments over the past few years and without the Benevolent Fund, I don’t think I would be here today.”

**ICE
BENEVOLENT
FUND**

2016 IMPACT AT A GLANCE

INTRODUCTION

I would like to thank all those members who have donated so generously to the incredible work of the Benevolent Fund. Last year saw a massive increase in demand for our services and your support is more important than ever.

I personally experienced a time when I desperately needed someone to be there and the Ben Fund stepped in to help me. I was so inspired by the charity I became its Chairman and am proud to see the impact its work has had in 2016.

I think you will find the huge uptake in our services and support impressive.

We're here for all members, former members and their dependent family members. If you need us, give us a call.

Jon Sturgess, CEng, FICE, Chairman of the ICE Benevolent Fund

“It is only through the generosity of ICE members that we can support those who need it.”

In 2016, we reached **over 3300 members** with our range of services.

“The point of the film is to show, through my own story, how the Ben Fund can help engineers facing some kind of crisis.”

Facing the elements: how Jon got through difficult times

This film focuses on how a sudden job loss brought about an unexpected and worrying financial crisis for Jon.



Watch Jon tell the story of his experience and how the Ben Fund was able to help him in his hour of need.

www.icebenfund.com/jonfilm

OUR YEAR AT A GLANCE

2016 has seen a big increase in the demand for our services with record numbers of people supported.

This pull-out Impact Report shows some of the key statistics for 2016. It's been an incredible year with huge increases in the demand for our services and support, as you will see below. It shows there is a real need for the Ben Fund. Our challenge now is to increase donations from members to help meet the costs of supporting members and their families in times of need.

SERVICE STATISTICS



A total of **£578,884** was distributed to members in financial difficulty

SOCIAL MEDIA

Our social media audience **+28%**

Social media engagement **+116%**

202,411 impressions

TWITTER

1,261 tweets sent

1,705 engagements **+80%**

Twitter followers **+28%**

Follow us on Twitter and see our free offers
www.twitter.com/ICEBenfund

FACEBOOK

Facebook followers **+ 22%**

302 engagements

Like our Facebook page!
www.facebook.com/icebenfund/

LINKEDIN

Followers **+76%**

Engagements **+260%**

Follow our new initiatives and services
www.linkedin.com/company/9218211

Facing life with multiple sclerosis

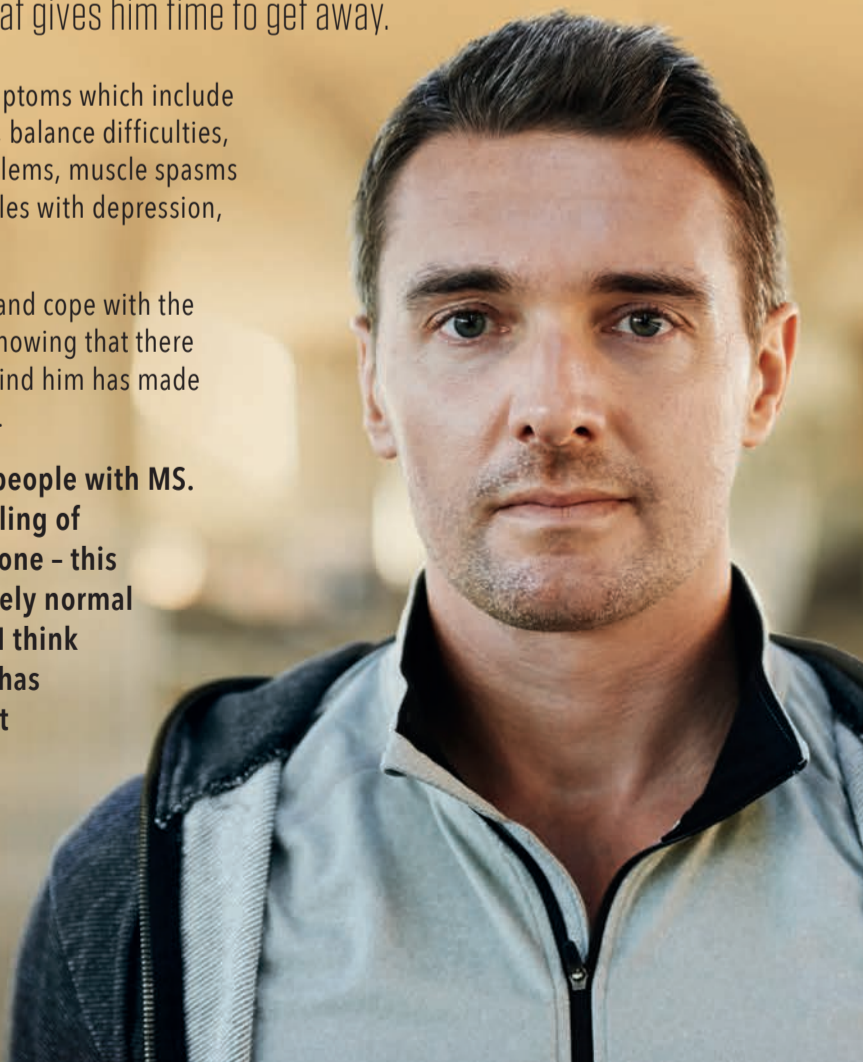
At just 31 years old, Oliver was diagnosed with multiple sclerosis (MS). It was a devastating moment that turned his life upside down. Life can be incredibly tough but the Ben Fund has been there all the way to help Oliver with therapies, transport to and from the gym and respite care that gives him time to get away.

Oliver suffers with many disabling symptoms which include extreme fatigue, bladder incontinence, balance difficulties, dizziness, pain, numbness, vision problems, muscle spasms and memory problems. He also struggles with depression, anxiety, and personality changes.

The Ben Fund has helped Oliver to try and cope with the immense challenges he faces in life. Knowing that there is emotional and financial support behind him has made a huge difference to his day-to-day life.

"Physical activity is important for people with MS. I like going to the gym and the feeling of satisfaction of getting a workout done - this has helped me to feel like a relatively normal person and helped keep me sane. I think that being able to do these things has resulted in an overall improvement in my quality of life. The Ben Fund also has a 24hr helpline that I can call at any time and face-to-face counselling, should I need it."

The picture used in this article is a library image and the name has been changed to preserve the privacy of our beneficiary.



HOW TO DONATE

In 2016 1,000 fewer members donated to the Ben Fund.

As demand for our services increases we desperately need the support of our members.

If you are able to make a donation to the Ben Fund please do so. It is only thanks to your support that we are able to help members and their families in times of need.

100% of donations we receive go to our members in need.

Please make a donation

- By online/bank transfer to 60-40-05, 32285337, using your name and ICE membership number as reference.
- Just Giving www.justgiving.com/ice/donate
- By cheque payable to ICE Benevolent Fund, send to 5 Mill Hill Close, Haywards Heath, West Sussex RH16 1NY.
- Text **BENF16 £10 to 70070**
- **When you pay your ICE subscription** add £10 (or any other amount) to the Benevolent Fund. If your employer pays your ICE fees, please choose an alternative donation method listed above.

THANK YOU



ICE BENEVOLENT FUND

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