

# Planning for a richer retirement workshop

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## Workshop objectives

The aim of this workshop is to allow you time to consider your future retirement and give you the tools to ensure you are working towards a fulfilling retirement. The ICE Benevolent Fund has teamed up with Laterlife, the leading UK provider on retirement preparation courses, to give ICE members a head start in planning their retirement.

## Workshop timetable

### 09:00 – 09:30: Arrival

Arrival and refreshments

### 09:30 – 09:50: Introduction

Personal introductions, course timetable and what to expect from the day

### 09:50 – 10:20: Retirement planning

- Focusing on the impact of retirement
- What concerns do you have about retirement?
- What are you hoping for in retirement?
- What opportunities can you identify?
- How to plan more effectively for a richer retirement

### 10:20 – 12:00: The financial aspects of retirement (including break)

- Investing
- IFA support
- Budgeting
- Wills and Power of Attorney
- Inheritance tax
- Retirement benefits

### 12:00 – 12:45: Health and fitness

- Changes in lifestyle and impact on health
- Staying active in retirement
- Private health insurance



**12:45 – 13:30: Lunch break**

**13:30 – 14:30: Working in retirement**

- Why continue to work?
- Alternatives to work
- Self-employment

**14:30 – 15:35: Creative use of leisure time (including break)**

- Travel and Holidays
- Adult Education
- Hobbies & leisure pursuits

**15:35 – 15:55: Moving home**

- Why move?
- Things to consider

**15:55 – 16:15: Relationship**

- Maintaining relationships
- Building new social circles

**16:15 – 16:45: Course conclusion**

- Questions and answers
- Summary
- Access to handout materials and further online help